

### PIL PIL PRAWNS (2, 7, 1 - WHEAT) Garlic butter + chilli + coriander + garlic ciabatta

SOUP OF THE DAY (1 - WHEAT, 7)

Served with our treacle bread

CHILI BEEF NACHOS (7, 9, 10)

red onion + our own pesto

**LOADED FRIES (1 - WHEAT 3, 6, 7, 10)** 

Served with our purple slaw

**VEGGIE MELT** (1 - WHEAT, 7, 8, 10)

On firebrick focaccia + spring onion

MARGHERITA (1 - WHEAT, 7)

Mozzarella + tomato + basil oil

2. PEPPERONI (1 - WHEAT, 7)

**VEGGIE** (1 - WHEAT, 7, 8)

6. PARMA (1 - WHEAT, 7)

+ pineapple + truffle oil

+ cracked pepper + rocket

ADD EXTRA TOPPING

+ our tomato chutney

**PULLED FREE RANGE ROAST CHICKEN** 

WILDLANDS DOUGH BALLS (1 - WHEAT, 7) Served with our own garlic butter	€6
MUSSELS MARINIÉRE (1 - WHEAT, 14, 12, 7) White wine + garlic + cream + onion	€13.90

+ parsley + our treacle bread	
CHICKEN WINGS (1 -WHEAT, 3, 7, 10)	€10.90
With buffalo or bbq sauce	
+ Cashel blue cheese dip	

+ jalapenos + melted cheese		
TOMATO + MOZZARELLA BRUSCHETTA With garlic + basil oil (1 - WHEAT, 7)	<b>€9.20</b>	

GOATS CHEESE BRUSCHETTA (1 - WHEAT, 7, 8)

Galway Goat Farm goat's cheese + caramelized

House Fries + bacon lardons + white cheddar

or shaved parmesan + homemade garlic aioli

SANDWICHES	
	CI UITEN ERFE
SERVED UNTIL 4PM	OLD TENE

#### Gubbeen chorizo + cajun spices + roast peppers + red onion + mature cheddar on our

firebrick focaccia (1 - WHEAT, 7, 10)

CONNEMARA SMOKED SALMON + CHILLI HUMMUS On our treacle bread + dressed leaves + pickled

red onion + dill + capers + pomegranate syrup

Galway Goat Farm goat's cheese + our basil

pesto + hummus + roast Mediterranean veg



on a toasted wrap	
THICK CUT HOUSE BAKED HAM + SMOKED APPLEWOOD MELT (1 - WHEAT, 7, 10)	€12.20

NAPOLI FIREBRICK OVEN PIZZA

We cook all our pizzas fresh to order using our own 48 hour

proven dough and a fusion of local + Italian ingredients All pizzas are 12" on our special tomato sauce + mozzarella

### potatoes wedges + tender stem broccoli TOM'S ROAST OF THE DAY (7)

(1 - WHEAT 7, 8, 10 - PECAN)

**VEGGIE CURRY** (1 - WHEAT 2, 7)

€14.50

€12

€9.90

€8.60

€13.60

€13.60

0

€16.40

€17.90

€17.50

€18.50

€18.50

€17.60

€1.70

€1.70

€1.70

11. SESAME SEEDS

12. SULPHUR DIOXIDE

€19.90 Served with all the trimmings. See specials board **AVAILABLE IN SMALLER PORTION** €13.90 POLLO PESTO PASTA (1 - WHEAT, 3, 7, 8, 12) €18.50

Creamy pesto chicken + penne + spinach + red

Baby cos lettuce + tomato + garlic mayo

Chardonnay dill sauce + chorizo + baby

+ purple slaw (1 - WHEAT, 3, 6, 7, 9, 10)

on a brioche bun + house fries + sweet chili dip

PAN FRIED SALMON FILLET (1 - WHEAT, 4, 6, 7, 12)

€17.90

€23.90

€18.90

€5.40

€5.40

€4.50

€1.10

€4.50

€4.00

€8.20

€8.20

€8.20

€5.30

**€13.50** 

**€13.50** 

€13.50

€13.00

**€13.00** 

€9.00

€13.00

€13.00

€7.90

€6

€6.50

€7.10

€5.40

€3.90

€2.90

€3.10

€3.80

€3.80

€4.10

€4.30

€3.90

€5.50

€4.10

70c

€6

500ML €7.60

onion + pine nuts + parmesan + garlic bread **HOMEMADE 80Z GILLIGAN'S BEEF BURGER** €19.90 Streaky bacon + smoked applewood cheese + gherkin + tomato on a brioche bun + house fries + tomato relish side (1 - WHEAT, 6, 7, 12)

+ rice + firebrick garlic focaccia **GOAT'S CHEESE + ROAST VEG SALAD** Galway Goat Farm goat's cheese + roasted beets, squash + sweet potato chunks with pear + pumpkin seeds + honey glazed pecans on raspberry balsamic

glazed leaves + slice of homemade treacle bread

CHICKEN + SWEET POTATO CURRY (1 - WHEAT, 2, 7)

Free range chicken + peppers + chickpeas

WILDLANDS FISH + CHIPS (1 - WHEAT, 4, 6, 7, 10) €19.90 Fresh beer battered fish of the day + house fries + minty peas + our own tartare PAN-SEARED HEREFORD 80Z STEAK €29.50 Onions + home fries + Tom's peppercorn sauce or garlic butter (1 - WHEAT 6, 7)

SIDES FRIES (1 - WHEAT) Triple cooked house fries + sea salt

Sweet potato + green peas + peppers

+ chickpeas + rice + garlic bread

# GARLIC FIREBRICK BREAD (1 - WHEAT, 7) Add cheese (7)

+ house dressing

SEASONAL VEG

\*15-minute cook time

**HOUSE SIDE SALAD** Uncle Matt's leaves + seeds + pickles

OVEN BAKED GLUTEN FREE FRIES

Our house fries baked with sea salt,

We make all our own desserts from scratch in-house TODAY'S CHEESECAKE (1 - WHEAT, 3, 7) With vanilla ice-cream + fresh cream

WARM FRUIT CRUMBLE (1 - WHEAT, 3, 7)

With vanilla ice-cream + fresh cream

With vanilla ice-cream + fresh cream

WARM CHOCOLATE BROWNIE (3,7)

**SELECTION OF ICE-CREAM (3.7)** 

COCKTAIL CORNER

**ESPRESSO MARTINI** 

an orange peel

Syrup & Lime Juice

**CLASSIC MOJITO** 

With chocolate or caramel sauce + marshmallows or sprinkles

MARY'S DESSERTS

WILDLANDS CAKE OF THE DAY SLICE €7.10 With fresh cream (1 - WHEAT, 3, 7, 8 -ALMONDS, HAZELNUTS, WALNUTS)

Espresso & Sugar Syrup **OLD FASHIONED** Buffalo Trace Bourbon, Angostura Bitters, Orange Bitters & Sugar Syrup, garnished with

Absolut Vanilla Vodka, Kahlua, FIXX Double

Absolute Vanilla Vodka, Absolute Mango Vodka,

Olmeca Altos Blanco Tequilla, Triple Sec, Sugar

Lime Juice, Passion Fruit Syrup, Orange Juice, Egg White & a side of Prosecco MARGARITA

PASSIONFRUIT MARTINI (3)

Available in Passionfruit or Strawberry. **MOJITO (NON ALCOHOLIC)** PINK LADY ABSOLUTE Raspberry Vodka, Lemon Juice,

Cranberry Juice, Strawberry Syrup & Peach

Bitters, topped with Soda Water

Syrup, topped with Soda Water

WILDLANDS BRAMBLE

**VEGETARIAN** 

**GLUTEN FREE** 

**BEERS/CIDERS** 

HEINEKEN ZERO (1 - BARLEY)

HEINEKEN (1 - BARLEY)

PERONI (1 - BARLEY)

Havana 3 year White Rum, Lime Juice, Sugar Syrup & Fresh mint, topped with Soda Water.

VEGAN **AVAILABLE VEGAN** Please ask your server for details

Micil Gin, Lemon Juice, Crème de Mure & Sugar

(1 - BARLEY) STONEWELL MEDIUM DRY CIDER (12)

STONEWELL APPLE & PASSIONFRUIT (12) (330ML STONEWELL APPLE & RHUBARB (12) (12)

330ML €7 €5.40

330ML

330ML

**AVAILABLE GLUTEN FREE** Please ask your server for details

**OUR BEEF IS 100% IRISH** 

330ML €6.50 PINT

SOYA (6)/ALMOND (8 - ALMONDS)/OAT MILK

## SPICY NDUJA (1 - WHEAT, 7, 10) Nduja sausage + jalapenos + rocket

Italian pepperoni + mozzarella + caramelised

red onions + jalapeno + parmesan

Gubbeen chorizo + house baked ham

Parma ham + buffalo mozzarella + rocket

**GUBBEEN CHORIZO (1 - WHEAT, 7)** 

roast peppers + caramelised red onion

**HOUSE DIPPING POTS** 

**ALLERGEN MENU GUIDE** 

1. GLUTEN

2. CRUSTACEANS

WHITE WINE

beautifully elegant wine.

**VERDEJO - SPAIN** 

REAL CAMPANIA DE VINOS,

**ROAST GARLIC MAYO (3, 10)** 

**SWEET CHILLI MAYO (3, 10)** 

West Cork chorizo + mozzarella + mushroom

+ cajun chicken + Italian pepperoni

5. MEATY (1 - WHEAT, 7)	€17.90
+ red onion + courgette + rocket + pesto drizzle	
Galway Goat Farm goat's cheese + peppers	

+ parmesan + extra virgin olive oil	
7. HAWAII (1 - WHEAT, 7)	€17.90
House baked ham + mushroom	

9.	CAJUN CHICKEN (1 - WHEAT, 7)	€17.90
Slov	v roast pulled chicken + cajun spice +	

SWAP FOR GLUTEN FREE BASE	<b>₩ €2.80</b>
All pizzas use gluten free ingredients	ALUTEN FREE

#### While we do our utmost to avoid cross-contamination, all items may contain traces of the allergens listed, including nuts and gluten. Please inform us of any

allergens or dietary requirements on ordering.

6. SOYBEANS

7. MILK

#### 3. EGGS 8. NUTS & SULPHITES 4. FISH 9. CELERY 13. LUPIN 14. MOLLUSCS 5. PEANUTS 10. MUSTARD

PROSECCO (12)	BOTTLE
COLLE DE PRINCIPE, FRIZZANTE - ITALY	25
PONTE VILLONI - ITALY	41

The gentle combination of fruity sensations, soft

aromatics and intense flavours make for this

(12)	GENOO BOTTEE	GUINNESS DRAUGHT (1 - BARLEY)	PINT	
COLLI PUCANEL FOCOLLI	0.50 00	GOINNESS DIRACGIT (I-BARLET)	rini	
COLLI EUGANEI FOSSILI,	8.50 28	BIRRA MORETTI DRAUGHT	GLASS €4.30 PINT	1
PINOT GRIGIO - ITALY			almoo o noo i nii	

This refreshing white has a nose that conjures bright	SUFT DRINKS
and tropical fruits. With its fruity palate and aromas of fennel	FÍOR UISCE SPARKLING WATER 250ML/750ML €2.90
balanced beautifully, providing a medium finish.	FÍOR UISCE STILL WATER 250ML/750ML €2.90
LES JAMELLES, CHARDONNAY - FRANCE 34	

**CLASSIC 330ML GLASS BOTTLE** This golden chardonnay is bursting with aromas of Coke, Coke Zero, Diet Coke, Sprite, Fanta. apricot, pear and green apple making it soft yet zesty to taste. The combination of walnuts along with the SAN PELLEGRINO hint of white florals leaves a slightly buttery finish. Sparkling orange + lemon drinks RABBIT ISLAND, 10.20 38

SAUVIGNON BLANC - NEW ZEALAND COFFEE This pure and flavoursome wine delivers a crisp We pour the "Great Taste Award" winning Fixx Coffee. gooseberry nose alongside some fresh & tropical All our coffees are made with a double shot of espresso characters. It is a bright white with a flow of natural acidity that leaves a lasting impression. **ESPRESSO** 

MACCHIATO (7) RED WINE (12) GLASS BOTTLE **AMERICANO** CAPPUCCINO / LATTE (7) MARQUES DE VERDELLANO BOBAL, 8.50 28 MOCHA (7)

**TEMPRANILLO - SPAIN** This well rounded and beautifully structured wine, FLAT WHITE (7) has standout notes of blackberry and raspberry ICED CARAMEL LATTE (7) that are persistent through the palate providing a CHAI LATTE (7)

HOT CHOCOLATE (7) €4 9.60 30 + MARSHMALLOWS 70c €3.10 KIDS HOT CHOC (7) FLAVOURS/EXTRA SHOT/

LYONS TEA €3.30 with aromas of vanilla and coconut, brought together and framed by soft, polished tannins. **SOLARIS HERBAL TEA** €3.80 IRISH COFFEE (7) €8.30 35

LOCAL SUPPLIERS We are proud to support the following local suppliers: Uncle Matt's Farm, Galway Goat Farm goat's cheese, Moycullen Meats, Le Petit Délice, Musgraves Galway, Mary's Fish Galway **GLASS** BOTTLE and Gillgan's Farm.

# rich and fruity finish. SANTA ANA, MALBEC - ARGENTINA This is a well-balanced wine, with intense aromas of plum and cherry. It provides a soft and fruity finish. VINA EGUIA, RIOJA - SPAIN An elegant palate of ripe fruit is pleasantly presented

**GRATI, CHIANTI DOCG - ITALY** A classic Chianti with an opening of cherry and red ruit, woven together beautifully by subtle mineral shadings, and a delicate herbal touch. ROSE (12)

# LA CHEVALIERE, ROSÉ - FRANCE 8.50 29