KITCH

## IGHT BITES

SOUP OF THE DAY (1 - WHEAT, 7)

€6.60

Served with our treacle bread

GARLIC + MOZZARELLA BRUSCHETTA



€8.45

+ tomatoes + basil oil + extra virgin olive oil (1 - WHEAT, 7)

**ARAN ISLAND GOAT'S CHEESE BRUSCHETTA** 

€9.10

+ caramelized red onion + our own pesto drizzle (1 - WHEAT, 7, 8)



WINGS (1 - WHEAT, 3, 7)

€10.25

Chicken wings with buffalo or bbg sauce

+ Cashel blue cheese dip

HOMEMADE CHICKEN GOUJONS (1 - WHEAT, 7, 10)

€9.30

Choice of roast garlic mayo or sweet chili mayo dipping pot

LOADED FRIES - BACON (3, 6, 7, 10)

€7.85

House fries + bacon lardons + white cheddar

+ shaved parmesan + homemade garlic aioli

LOADED FRIES - GUBBEEN CHORIZO (6, 7)

€8.25

House fries + Gubbeen chorizo + caramelised red onion + white cheddar + parmesan

# SANDWICHES



SERVED UNTIL 4PM

Served with our purple slaw

#### PULLED FREE RANGE ROAST CHICKEN (1 - WHEAT, 7, 10) €12.45

Gubbeen chorizo + cajun spices + roast peppers + red onion + mature cheddar on our firebrick focaccia

#### CONNEMARA SMOKED SALMON + CHILLI HUMMUS €12.45

On our treacle bread + dressed leaves + pickled red onion + dill + capers + pomegranate syrup (1 - WHEAT, 3, 4, 5, 10)

TOM'S ROAST OF THE DAY CIABATTA (1 - WHEAT, 7)

€13.05

See today's carvery roast + gravy dipping pot

VEGGIE MELT (1 - WHEAT, 7, 8, 10)

€11.70

Galway Goat Farm goats cheese + our basil pesto + hummus + roast Mediterranean veg on a toasted wrap

THICK CUT HOUSE BAKED HAM + SMOKED

APPLEWOOD MELT (1 - WHEAT, 7, 10)

€11,20

On firebrick focaccia + spring onion + our tomato chutney

While we do our utmost to avoid cross-contamination, all items may contain traces of the allergens listed, including nuts and gluten. Please inform us of any allergens or dietary requirements on ordering.

#### 08/23

## **BIGGER BITES**

#### TOM'S ROAST OF THE DAY (7)



€18.70

**SERVED UNTIL 4PM** Served with all the trimmings. See specials board

(AVAILABLE IN SMALLER PORTION)

€12.75

€18.70

#### **HOMEMADE 802 GILLIGAN'S BEEF BURGER**

Streaky bacon + smoked applewood cheese + gherkin + tomato on a brioche bun + house fries + tomato relish side (1 - WHEAT, 6, 7, 12)

WILD MUSHROOM + CHICKEN TAGLIATELLE

€17.65

Truffle cream sauce + parmesan + garlic bread (1 - WHEAT, 3, 7)

#### **ARAN ISLAND GOAT'S CHEESE SALAD**

€17.55

Roasted beet + squash chunks + caramelised red onion + toasted hazelnuts + leaves + seeds + raspberry dressing + slice of homemade treacle bread (1 - WHEAT 7, 8 - HAZELNUTS)

#### PAN-SEARED HEREFORD 80z STEAK (6, 7)

€28.10

Onions + home fries + Richard's peppercorn sauce or garlic butter

#### LOCAL FISH OF THE DAY

€18.60

Beer battered fish + house fries +minty peas + our own tartare (1 - WHEAT, 4, 6, 7, 10)

#### WILDLANDS CHICKEN + SWEET POTATO CURRY

€17.55

Free range chicken + peppers + chickpeas + rice + firebrick garlic focaccia (1 - WHEAT, 2, 7)





#### **VEGETARIAN DISH OF THE DAY**

See specials board

#### CONNEMARA SMOKED SALMON + CRAYFISH SALAD €20.40

Avocado + leaves + marie rose sauce + pickled onion + capers + slice of homemade treacle bread (1 - WHEAT, 2, 3, 4, 10)

# SIDES

FRIES (6)

Triple cooked house fries + sea salt



€4.90

GARLIC FIREBRICK BREAD (1 - WHEAT, 7)

€4.10 €1

Add cheese (7)

**HOUSE SIDE SALAD** 

€4.10

Uncle Matt's leaves + seeds + pickles + house dressing

SEASONAL VEG

3. EGGS

4. FISH

5. PEANUTS

€3.65

### ALLERGEN MENU GUIDE

1. GLUTEN 2. CRUSTACEANS

7. MILK

11. SESAME SEEDS 12. SULPHUR DIOXIDE

8. NUTS 9. CELERY

10. MUSTARD

6. SOYBEANS

& SULPHITES 13. LUPIN

14. MOLLUSCS

## **APOLI FIREBRICK OVEN PIZZA**

We cook all our pizzas fresh to order using our own 48 hour proven dough and a fusion of local + Italian ingredients All pizzas are 12"

1. MARGHERITA (1 - WHEAT, 7) €15.35

Mozzarella + tomato + basil oil

2. PEPPERONI (1 - WHEAT, 7) €16.95

Italian pepperoni + mozzarella + caramelised red onion + jalapeno + parmesan

3. POTATO AND SAUSAGE PIZZA BIANCA (1 - WHEAT, 7) €16.40

Spicy sausage + rosemary garlic potato

€16.80 4. CAJUN CHICKEN (1 - WHEAT, 7)

Slow roast pulled chicken + cajun spice + roast peppers + caramelised red onion

€17.65 5. VEGGIE (1 - WHEAT, 7, 8)

Aran Island goat's cheese + peppers + red onion

+ courgette + rocket + pesto drizzle

6. PARMA (1 - WHEAT, 7) €17.45

Parma ham + buffalo mozzarella + rocket

+ parmesan + extra virgin olive oil

7. HAWAII (1 - WHEAT, 7) €16.40

House baked ham + mushroom + pineapple

8. GUBBEEN CHORIZO (1 - WHEAT, 7) €16.60

West Cork chorizo + mozzarella + mushrooms

+ cracked pepper + rocket

9. THE SPECIAL (1 - WHEAT, 7)

Our pizza chef's daily special. See specials board.

**ADD EXTRA TOPPING** €1.55

€2.60

SWAP FOR GLUTEN FREE BASE

All pizzas except no. 3 use gluten free ingredients

HOUSE DIPPING POTS

**ROAST GARLIC MAYO (3, 10)** €1.55

SWEET CHILI MAYO (3, 10) €1.55

KIDS CORNER UNDER 12s

PASTA + CHICKEN + HOMEMADE TOMATO SAUCE

+ CHEESE (1 - WHEAT, 3, 7) €9.40

**HOMEMADE CHICKEN GOUJONS + FRIES** €9,40

(1 - WHEAT, 6, 7)

**GILLIGAN'S BEEF BURGER + FRIES** €9,40

(1 - WHEAT, 6, 7, 11)

WILDLANDS HOMEMADE CHICKEN CURRY + RICE (2) €9.40

## MARY'S DESSERTS

We make all our own desserts from scratch in-house.

TODAY'S CHEESECAKE (1 - WHEAT, 3, 7) €7.50

with vanilla ice-cream + fresh cream

WARM FRUIT CRUMBLE (1 - WHEAT, 3, 7) €7.50

with vanilla ice-cream + fresh cream

WARM CHOCOLATE BROWNIE (3, 7)

€7.50 with vanilla ice-cream + fresh cream

WILDLANDS CAKE OF THE DAY SLICE €6.50

with fresh cream (1 - WHEAT, 3, 7, 8 - ALMONDS, HAZELNUTS, WALNUTS)

SELECTION OF ICE-CREAM (3, 7)

with chocolate or caramel sauce + marshmallows or sprinkles



## COCKTAIL CORNER

#### **ESPRESSO MARTINI**

€13

Absolut Vanilla Vodka, Kahlúa, FIXX Double Espresso & Sugar Syrup.

**OLD FASHIONED** 

€13

Buffalo Trace Bourbon, Angostura Bitters, Orange Bitters & Sugar Syrup, garnished with an orange peel.

#### PASSIONFRUIT MARTINI (3)

€13

Absolut Vanilla Vodka, Absolut Mango Vodka, Lime Juice, Passion Fruit Syrup, Orange Juice, Egg White & a side of Prosecco.

MARGARITA €12

Olmeca Altos Blanco Tequila, Triple Sec, Sugar Syrup & Lime Juice.

**CLASSIC MOJITO** €12

Havana 3 year White Rum, Lime Juice, Sugar Syrup & Fresh Mint, topped with Soda Water. Available in Passionfruit or Strawberry.

**NOJITO (NON-ALCOHOLIC)** 

€8

PINK LADY €12

Absolut Raspberry Vodka, Lemon Juice, Cranberry Juice, Strawberry Syrup & Peach Bitters, topped with Soda Water.

#### **WILDLANDS BRAMBLE**

Micil Gin, Lemon Juice, Crème de Mure & Sugar Syrup, topped with Soda Water.





**GLUTEN FREE** 



**AVAILABLE VEGAN** Please ask your server for details



**OUR BEEF IS 100% IRISH** 

PROSECCO (12)	TILE BEERS/CIDERS		
COLLE DE PRINCIPE, FRIZZANTE - ITALY	HEINEKEN (1 - BARLEY)	330ML €6.10 PINT €6.90	
	HEINEKEN ZERO (1 - BARLE	(Y) 330ML €5.70	
WHITE WINE (12) GLASS I	TTLE PERONI (1 - BARLEY)	330ML €6.10	
COLLI EUGANEI FOSSILI, 7.90	GUINNESS DRAUGHT (1-B)	ARLEY) PINT €5.70	
PINOT GRIGIO - ITALY	BIRRA MORETTI DRAUGH	T GLASS €4.10 PINT €6.90	
The gentle combination of fruity sensations, soft aromatics and intense flavours make for this	(1 - BARLEY)		
beautifully elegant wine.	STONEWELL MEDIUM DI		
REAL CAMPANIA DE VINOS, 8.40		ASSIONFRUIT (12) (12) (1330ML €6.50	
VERDEJO - SPAIN	STONEWELL APPLE & R	HUBARB (12) (12) 330ML €6.50	
This refreshing white has a nose that conjures brig and tropical fruits. With its fruity palate and aroma	SULT HUMAS		
balanced beautifully, providing a medium finish.		WATER 250ML/750ML €2.70 €4.90	
LES JAMELLES, CHARDONNAY - FRANCE	FÍOR UISCE STILL WATE	R 250ML/750ML €2.70 €4.90	
This golden chardonnay is bursting with aromas o	CLASSIC 330ML GLASS	BOTTLE €3.60	
apricot, pear and green apple making it soft yet ze to taste. The combination of walnuts along with th	Coke, Coke Zero, Diet (	Coke, Sprite, Fanta.	
hint of white florals leaves a slightly buttery finish.	SAN PELLEGRINO	€2.60	
RABBIT ISLAND, 9.50	Sparkling orange + lem		
SAUVIGNON BLANC - NEW ZEALAND	ALL ABOUT KOMBUCHA	€4,75	
This pure and flavoursome wine delivers a crisp	COFFEE	COFFEE	
gooseberry nose alongside some fresh & tropical characters. It is a bright white with a flow of natural	We pour the "Great Taste A	Award" winning Fixx Coffee.	
acidity that leaves a lasting impression.	All our coffees are made w	vith a double shot of espresso	
	ESPRESSO	€2.80	
RED WINE (12) GLASS I	TTLE MACCHIATO (7)	€3.45	
MARQUES DE VERDELLANO BOBAL, 7.90		€3.45	
TEMPRANILLO - SPAIN	CAPPUCCINO / LATTE (7)		
This well rounded and beautifully structured wine, has standout notes of blackberry and raspberry	MOCHA (7)	€3.95	
that are persistent through the palate providing a	FLAT WHITE (1)	€3.55	
rich and fruity finish.	ICED CARAMEL LATTE (1		
SANTA ANA, MALBEC - ARGENTINA 8.90	CHAI LATTE (7)	€3.75	
This is a well-balanced wine, with intense aromas	HOT CHOCOLATE (7) + MARSHMALLOWS	€3.65 65c	
plum and cherry. It provides a soft and fruity finish	KIDS HOT CHOC (7)	€2.80	
VINA EGUIA, RIOJA - SPAIN	FLAVOURS/EXTRA SHOT		
An elegant palate of ripe fruit is pleasantly presen with aromas of vanilla and coconut, brought toget	SOYA (6)/ALMOND (8 - ALMO		
and framed by soft, polished tannins.	LYONS TEA	€3	
GRATI, CHIANTI DOCG - ITALY	SOLARIS HERBAL TEA	€3.45	
ALLEN OLIMANT DOUG - TIME!	IRISH COFFEE (7)	€7.60	

# **LOCAL SUPPLIERS**

IRISH COFFEE (7)

A classic Chianti with an opening of cherry and red ruit, woven together beautifully by subtle mineral

GLASS BOTTLE

28

7.90

shadings, and a delicate herbal touch.

LA CHEVALIERE, ROSÉ - FRANCE

ROSÉ (12)

We are proud to support the following local suppliers: Uncle Matt's Farm, Aran Island Goat's Cheese, Moycullen Meats, Le Petit Délice, Musgraves Galway, Mary's Fish Galway and Gilligan's Farm.

€7.60